

Botox, Dysport, and Xeomin Post-Care Instructions

For Best Results:

1. Avoid massaging or manipulation of the treated area for at least 24 hours.
2. Use the treated muscles (example : forceful frowning and raising eyebrows) repeatedly in the first 24 hours after injection. The medication will work better in actively contracting muscles.
3. Maintain a vertical position for 3-4 hours after treatment.
4. Please avoid any strenuous activities for at least 24 hours after injection.

Note: Following your injection, weakness or paralysis of the injected muscles appear in 3-7 days and typically last 3 months depending on how your body metabolizes the neurotoxin. In rare cases the product may cause headaches for several days after your treatment and can be treated with Tylenol.

Occasionally small bruises can form in the injection site that resolve within a week.

If you have any questions please feel free to call the office at (970)682-3377.