

Chemical Peel Post-Care Instructions

Patient may have tightness and smoothness immediately post-peel. Peeling usually begins 1-2 days after chemical peel and can extend up to 7 days.

1. Cleanse the treated area with a gentle/sensitive cleanser, avoid scrubbing.
2. Avoid picking, scratching and peeling the treated area, as this may result in scarring.
3. Apply Aquaphor or Vaseline to treated areas, twice daily for 1 week.
4. Avoid harsh facial treatments for 2 weeks or until your skin has healed.
5. Apply sunscreen; SPF 30+ every morning and reapply every 30 minutes if you are going to be outdoors for extended periods of time.
6. Please do not use any acidic products such as retinoids or tretinoins, acne medications, acne washes, vitamin c products, lightening creams such as hydroquinone or coarse sponges for at least two weeks.
7. Moisturize daily.

If you have any questions or concerns please feel free to contact us at (970)682-3377 or at

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