

Microneedling Post-Care Instructions

1. Keep the treated area clean and avoid touching it with dirty hands for at least 24 hours after the procedure.
2. Avoid wearing makeup or using any harsh skincare products on the treated area for at least 24 hours.
3. Apply a gentle moisturizer or soothing serum to the treated area to keep it hydrated and help with healing.
4. Avoid direct sun exposure and tanning beds for at least 48 hours after the procedure.
5. Use a broad-spectrum sunscreen with SPF 30 or higher to protect the treated area from UV damage.
6. Avoid strenuous exercise, sweating, or hot showers for at least 24 hours after the procedure.
7. Do not pick or scratch at any scabs or peeling skin that may occur as the treated area heals.
8. Follow any additional instructions provided by your skincare professional, such as using specific serums or creams to enhance the results of the micro needling treatment.
9. Keep your skin hydrated and well-nourished by drinking plenty of water and eating a healthy diet rich in vitamins and antioxidants.
10. Contact us if you experience any unusual or prolonged redness, swelling, or discomfort after the procedure.

If you have any questions or concerns please contact us at (970)682-3377 or ma@sagedermco.com.



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